



Sample Itinerary

Nepal 2015

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|---|-------------------------------------|
| Day 1 | Arrival into Kathmandu |
| <ul style="list-style-type: none">✓ Arrival and collection from the airport by H4H host team✓ Overnight stay in Kathmandu | |
| Day 2 | Orientation Day in Kathmandu |
| <ul style="list-style-type: none">✓ Breakfast✓ Half day sightseeing in Kathmandu✓ Lunch✓ Travel to Kavre✓ Local orientation/construction & safety orientation | |
| Day 3 | Introduction to build site |
| <ul style="list-style-type: none">✓ Breakfast at guesthouse✓ Habitat orientation at worksite✓ Meet partners & home-partners✓ Lunch✓ BUILD✓ Dinner at a guesthouse✓ Overnight at the guesthouse | |
| Days 4-6 | Typical work days |
| <ul style="list-style-type: none">✓ Workdays - From 8:30am to 4:00pm✓ Worksite orientation (includes Health and Safety)✓ Breakfast at the guesthouse every morning✓ Shuttle from the guesthouse to the project site✓ Scheduled breaks in the morning✓ Lunch at the building site✓ Scheduled breaks in the afternoon✓ Clean up and daily evaluation and reflections✓ Shuttle from the project site back to the guesthouse✓ Dinner at guesthouse | |

Sample Itinerary - 8-days



Nepal

Day 7**Farewell**

- ✓ Breakfast at the guesthouse
- ✓ Shuttle from the guesthouse to the project site
- ✓ Dedication ceremony
- ✓ Travel to Kathmandu
- ✓ Dinner and overnight in Kathmandu

Day 8**Departure day**

- ✓ Breakfast at the guesthouse
- ✓ Transfer to the airport for international flight

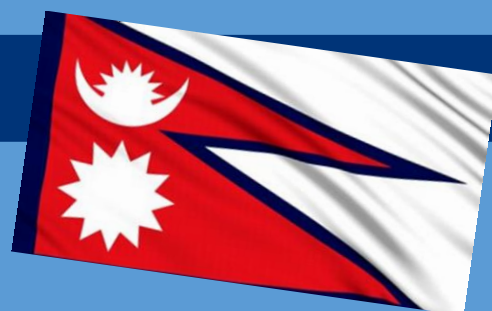
Options: late night flights depart for R and R activities or one night stay over to fly the next day. Dinner costs to be determined depending on option.

NOTE: The arrival and departure day may vary based on the flight schedule.

The Global Village trip cost includes:

- A £1000 per person donation to the Habitat host program and HFHI
- Meals
- Safe drinking water
- Accommodations
- Land Transport
- Air Transport
- A fully trained Habitat for Humanity Team Leader with every team
- Full fundraising support
- T-shirt
- Comprehensive health and safety equipment
- Comprehensive insurance
- Team coordination assistance from HFHI and hosting program and orientation materials
- The support of Habitat for Humanity GB head office
- Optional fundraising and orientation workshops
- Some local cultural activities may be included

Sample Itinerary - 8-days



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Need to know:

NOTES:

- ✓ The arrival and departure day may vary based on available flight schedules.
- ✓ All team members arriving earlier or staying later than the standard itinerary are responsible for their own transport and hotel arrangements and payments (before and after the build). Please liaise with Habitat for Humanity GB should you wish to extend your flight (subject to availability)
- ✓ All R&R arrangements (unless specified in itinerary) should be organised independently but Habitat for Humanity may be able to help with arrangements. Please contact us with your requirements
- ✓ Cultural activities will be determined before arrival
- ✓ This is a strenuous trip with much physical activity. It is not a holiday and therefore should not be treated as such. Please ensure you are confident you are physically able to undertake such a trip. You may wish to consult your GP.



Join us in a journey of adventure, life enrichment and joy and start making a difference now!

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