



**Habitat for Humanity®**



ACROSS THE DIVIDE

Habitat for Humanity working alongside Across the Divide Expeditions



ACROSS THE DIVIDE

Dear Shack Attack Participant,

A very warm welcome to Shack Attack 2012 and a big thank you for taking part!

This fun and unique outdoor team challenge event requires a balance of passion, creativity, strategy and teamwork. There are lots of prizes to be won but by the end of the weekend we will have crowned one team Shack Attack Champions!

We are sure you will form friendships with other Habitat for Humanity supporters and leave much better informed about the issues of poverty housing, understanding the challenges faced by those people who Habitat for Humanity aims to support, all over the world.

Habitat for Humanity is a worldwide charity dedicated to eliminating poverty housing. We bring people living in extreme poverty together with the expertise and resources they need to help them build, renovate or repair their home. Our vision is a world where everyone has a safe and decent place to live. Established in 1976 Habitat for Humanity has built, renovated or repaired over 500,000 homes, giving more than 2.5 million people a safe, decent place to live!

The challenge has already started. Please raise as much money as you can before the event for the Fundraising Challenge. The team that pledges the highest total on arrival will win this part of the challenge.

Our community housing projects are a new beginning for many families. Home is far more than just a place of shelter. Not just a place to keep warm, not just a protection from the wind and rain. Our homes reflect the very essence of who we are and how we define ourselves. They can create or deny opportunity. They are where we put down roots and form memories. They are where we enjoy happy times and suffer sadness. The home is the very foundation of life; the place from which we all fulfil our potential.

Thank you for spending the weekend of 8<sup>th</sup> – 9<sup>th</sup> September supporting the 1.6 billion people living in poverty housing around the world.

We all look forward to seeing you there!



Ian Walkden  
National Director  
Habitat for Humanity

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Shack Attack is a unique fundraising event for teams of 4, aged 13 and over, that takes place in the charming Calverley Grounds, right in the heart of the Tunbridge Wells. You'll work as a team to design and construct your own shelter out of scrap materials and camp in it for one night. "...hard work, but rewarding on many levels".

You will obviously get to experience the great outdoors, for which we have ordered sunshine. There are lots of fantastic prizes to be won across the weekend, and the overall winners will be crowned Shack Attack Champions.



Everything will be kicking off at 12:00 on the 8<sup>th</sup> of September to give you lots of time to build. You can arrive from 10:00 to drop off your materials but cannot start building until 12:00. Please don't be late as we don't want you building in the dark or missing out on the evening introductions!

We've now made it even easier for you to fundraise by providing you with a personalised fundraising page. You can upload photos, leave messages for your sponsors, track who has opened your appeals and who you need to thank. It couldn't be any simpler.

So if you're up for a fun-filled weekend with your friends, family or colleagues that's a bit different, challenging, team building and raising money for an excellent cause then get yourself signed up. The longer you have to fundraise the more you'll be able to raise. It costs just £50 per team to enter which includes a Habitat T-Shirt and your meals.

If you've got any questions or would like someone to tell you and your company more, please contact us on [SupporterServices@habitatforhumanity.org.uk](mailto:SupporterServices@habitatforhumanity.org.uk) or call 01295 264240.





So far Habitat for Humanity has served 500,000 families or 2.5 million individuals worldwide but needs your help to keep going. By participating in Shack Attack you get a fun weekend away with friends, family or work colleagues as well as raising money to pull even more families out of poverty housing.



**Change the lives of a family like Anna's forever!**

**There are so many reasons and we've only listed a few below:**

- You are raising money to put a stop to housing poverty and homelessness around the world.
- Excellent team building exercise.
- It's good, healthy competition.
- The event is challenging but not too challenging so everyone can get involved.
- Chance to win lots of fantastic prizes.
- Get to know people sharing the same values in your local community.
- Good times guaranteed.





## Sponsors

TBA

## Saturday 8<sup>th</sup> September

10:00 – 11:00	Teams can drop off their materials and register at Base Camp to receive their goodie bags and make their Fundraising pledges.
12:00 – 18:00	Shelter Build. <b>Please leave ample time to get to the Event Base Camp to avoid arriving late. You don't want to build in the dark.</b>
18:00 – 19:00	Habitat for Humanity Presentation.
19:00 – 20:00	Dinner. <b>N.B. Please note that there will be no food available in Base Camp until the evening meal. Tea and coffee making facilities will be available from 14:00.</b>
23:00	Base Camp Quiet Time.

## Sunday 9<sup>th</sup> September

07:00 – 08:00	Breakfast.
08:00	Water Test.
08:30	Shelter Judging.
09:00	Presentation of Awards.
10:00	Teams dismantle shelters and pack cars.
12:00	Event Finish.

Shack Attack comprises of two main challenges: the fundraising before hand and the task of building and sleeping in your own shack.

The Shelter Build will start at 12:00 on Saturday. It's best to come before this so you have time to unload your material. You can then spend the afternoon constructing your shelter, remember to consider the judging criteria to help you along the way.

Let your friends and family know about the weekend and encourage them and anyone who has sponsored you to come along. They are more than welcome to watch as a shanty town grows in the very centre of Tunbridge Wells!

We will provide you with a well-earned evening meal and introduce you to us in more depth and then the real mission of sleeping in your shelter!

On Sunday morning we will judge your shelters, we may even call for a rain shower to test how weather proof it is so be prepared!

An awards ceremony will complete the weekend with us announcing the fundraising winner, shelter build winner and overall Shack Attack champions.

We will have everything finished by 12:00 on Sunday so you'll have plenty of time to journey home.



## Fundraising

A typical Habitat for Humanity home for 5 people in the developing world costs just £1235. Although we ask teams to try to raise a minimum of £400, we would love for you to set the goal a little higher. Perhaps you could aim at enabling one whole family to escape poverty by raising £1235. The more you raise the more people you'll be helping plus there is a prize for whoever raises the most money.





### Top Tips and Other Fundraising Ideas

As this is the main challenge of Shack Attack it's worth taking time to plan how you're going to fundraise. We've now made it even easier by giving you your own personalised fundraising page where you can send out emails, upload photos and thank your sponsors. It's even got your own fundraising thermometer to track how far you have to go.

But don't be overcome by this challenge; there are loads of different ways of fundraising and getting your friends and family involved. You could:

- Organise a pub quiz.
- Host a curry night.
- Do a favours auction.
- Offer to car boot or eBay friends' and families' old stuff and split the profit.
- Get your company, local community and church involved in pre Shack Attack events.
- Invite your friends to sponsor you though Facebook.
- You could even get your local newspaper or newsletter involved.

Please remember to download and fill in the pledge form from Appendix 1 as you'll need it when you arrive at Base Camp. This is how we'll know who has collected the most money and therefore won the Fundraising Award. So collect as many names as possible before 8<sup>th</sup> September and make sure that all the money is given to Habitat for Humanity by 30<sup>th</sup> September 2012.



### Shelter Build

When you arrive at base camp you will have to construct a shelter out of your own materials, making sure it's sound, safe and comfortable enough for all team members.

We recommend that you arrive before 12:00 to give yourself enough time to unload and build and make adjustments to your design.

We are looking for the shelter that looks the most structurally sound and shows the most initiative.



## The Rules

- All shelter materials must be brought with you. There will be **no** materials to use at base camp.
- No purchased or prefabricated shelters or tents are allowed.
- No power tools are allowed in the construction of the shelter before or on the event.
- All team members must help in the construction of the shelter and sleep in it for one night.
- Your shelter kit must be transportable by the team from the event car park.
- The shelter must be fit for purpose, i.e. safe, waterproof, warm and spacious.
- The ground should be left as you found it and all shelter materials should be removed from site at the end of the event.
- On arrival each team will be shown to an area marked out in advance. It will be in the shape of a square but you may alter the shape (e.g. into a rectangle) as long as the area stays the same.
- The shelter must be built within the marked out area (including any guy lines and pegs).
- **The size of the marked out area will be as follows:**
  - For a team of 3 = 3.0m x 3.0m
  - For a team of 4 = 3.3m x 3.3m
  - For a team of 5 = 3.7m x 3.7m
  - For a team of 6 = 4.0m x 4.0m



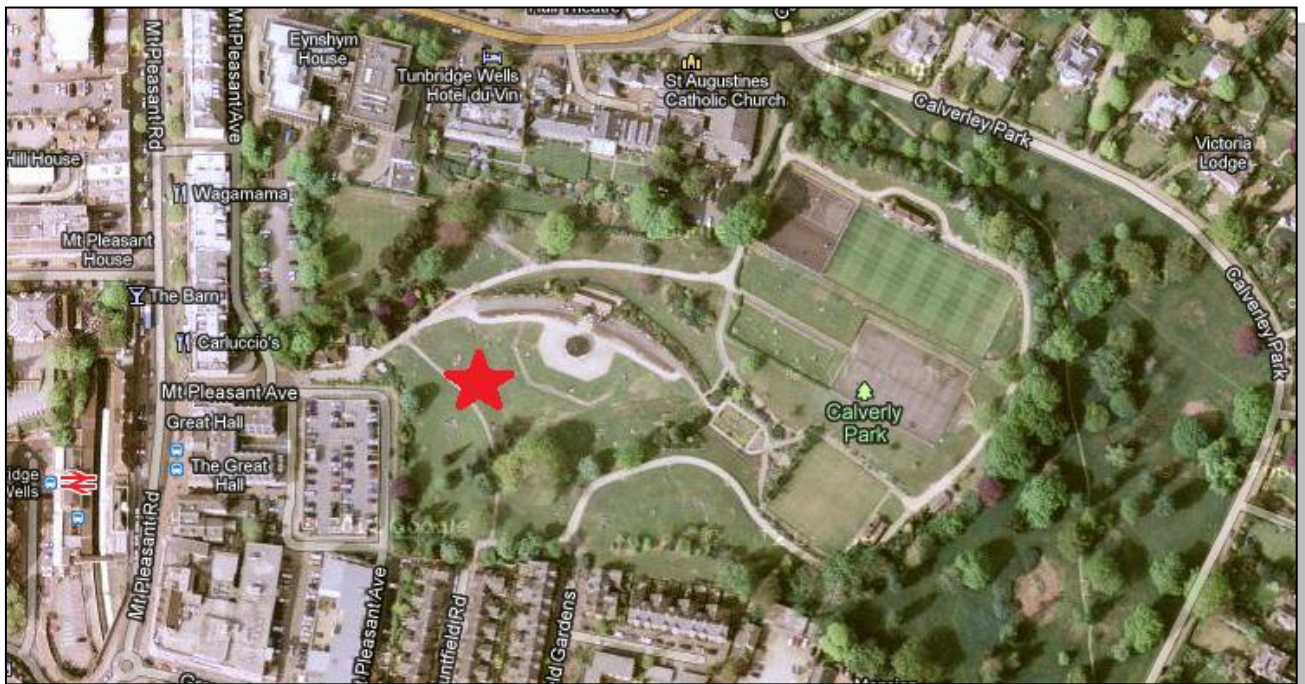
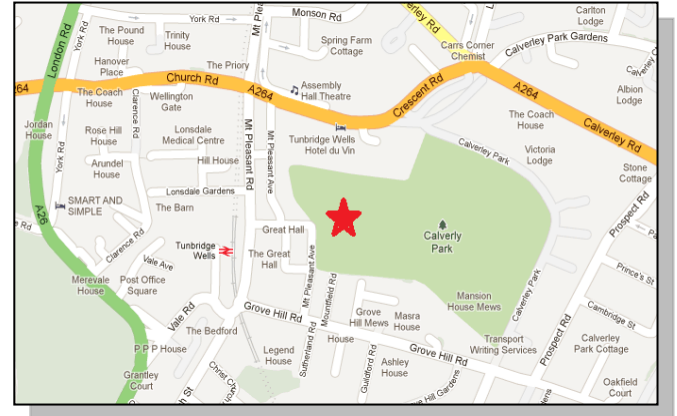
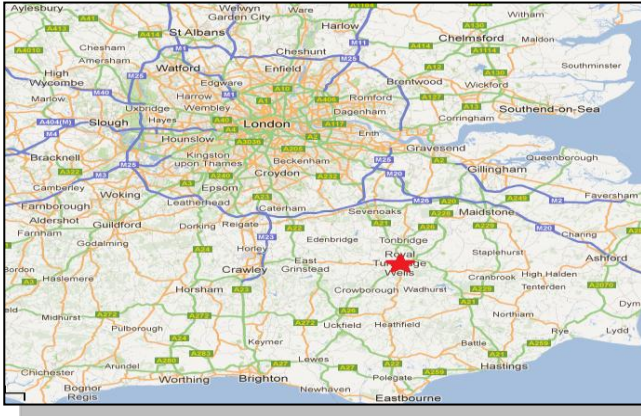
## How the Shelters will be judged

- How does it look? We're looking for quirky designs and creativity.
- Innovation - A-frames will score low. We're looking for shelters that have made the most of recycled and recyclable materials as well as those that stand out from the crowd!
- Quality of the shelter as a home for the team i.e. functional (safe, waterproof, warm and spacious) and aesthetically pleasing shelters will score highly.

Please note that using new materials will score you poorly so get down to your local scrap yard and see what you can find.



All teams will need to arrive at base camp by 12:00 on Saturday 8<sup>th</sup> September at the latest.



### Car Parking

Please be aware that no cars are allowed to enter Calverley Grounds. Therefore you will need to drop your materials off and park in a local car park or find a friend to taxi you to the event.

### By Train

Tunbridge Wells Train Station is only a 0.2 mile walk from Calverley Grounds. Trains run regularly from both London Charing Cross and Hastings. For train times and tickets please go to [www.nationalrail.co.uk](http://www.nationalrail.co.uk).

## Accommodation

Your accommodation during this event is your team shelter. It needs to be sufficient to house all team members and everything you bring with you. A central marquee will be on site for catering, dining and socialising.



## Toilets

There will be toilets onsite, comprising of a permanent toilet block in the entrance of Calverly Grounds and a number of portable toilets within base camp.



## Food

Food served in camp is of a high standard, and will comprise of an evening meal and cooked breakfast.

Vegetarians and other dietary needs will be catered for as per your registration forms

Please bring any additional personal supplies you need to the event.

## Drinks

There will be drinking water available throughout the day and coffee will be available via an urn at the Base Camp. Alcohol will not be supplied. You may bring your own but we prohibit any excessive drinking.

## SECURITY

### Security

Due to this event taking place in a public area there will be security onsite at all times to ensure the safety of our participants.

However Habitat for Humanity & Across the Divide cannot take responsibility for any damage or losses of personal items. It is suggested that participants ensure that they are adequately insured for losses and damages to their personal belongings.

## Code of Conduct

- No cars will be permitted up to Base Camp except in an emergency.
- Care should be taken not to damage the site and surrounding locality.
- Clean up all rubbish and don't leave anything behind (including pieces of your shelter).
- Do not trespass.
- Noise will be kept to a minimum after 23:00 so as not to disturb other participants and local residents.

- No camp fires.
- No excessive drinking (the event organisers reserve the right to prohibit participants deemed to have drunk in excess from participating.)
- Please keep your shelter, including guy ropes, inside your allocated area and away from other participant's shelters.

## Kit Advice

Choosing the right kit can not only ensure you are happy and comfortable, but can also help you to avoid getting injuries. See appendix 3 for a suggested kit list.

## Clothing

When packing for the event consider clothing that you are most comfortable in. Breathable layers are more comfortable so consider synthetic-blend materials that wick away moisture and dry quickly when the weather is hot. Remember that the temperature can drop fairly low at night so be sure to bring a thick jumper/fleece or jacket for the evening. We would also recommend a woolly hat to keep you warm while you sleep.

We have requested sunshine but just in case please consider waterproof clothing. Rain gear should be breathable, waterproof and lightweight. There are a number of manufacturers that produce garments that meet all these criteria. For wet weather protection look for articles that have sealed seams to prevent leakage. Examine wrist and ankle closures to make sure they are durable.

## Sunscreen

You must protect your skin. Sun damage can be painful and long-lasting, so purchase a waterproof, sweat-proof sunscreen with a high SPF number (SPF 30 recommended). Always wear a sun hat.

## Footwear

Your feet consist of 26 bones, 56 ligaments and 38 muscles - an engineering wonder that will operate best when encased in a shoe that allows them the freedom to do what they do best. Think about what footwear you will need on the event. Well supporting shoes are ideal.

We have several members of staff with first aid training and our doctors will be present and available for consultation if required.

Participants will be expected to bring with them their own first aid kit, as it is not possible to carry sufficient basic medical supplies for the whole group.

Participants wearing contact lenses may suffer slight irritation from airborne dust. In certain situations, this may result in a low-key infection. Contact lens wearers are advised to bring an adequate supply of eye wash and a pair of spectacles.

### Constructing your Shelter:

- Lift any heavy material carefully and ask for help where needed.
- Supervise any children on the team at all times.
- Work together to ensure no one is left to struggle with a specific task.
- Be aware of other teams also building around you.
- Keep all main walkways clear.
- Avoid leaving hazardous tools or materials around for people to injure themselves on.
- Leave any guide roping until last to avoid tripping people.
- Make sure your shelter is secure and that nothing will fall or blow away.
- Keep your given area tidy and take care of personal belongings.

Team Name:	
Organisation:	
Team Leader Name:	
Team Leader Contact Address:	
Team Leader Contact Number:	
Amount Pledged:  (Please write the amount in figures, and in words, thank you.)	
Please read the following and sign to confirm you have understood and accept the terms of this pledge:	
My team has raised the amount recorded above and commits to passing these funds in full to Habitat for Humanity GB by 30 <sup>th</sup> September 2012.	

**Thank you for your support!**





## Appendix 2: Parental Consent Form

I ..... , am the parent or legal guardian having custody of ..... , a minor child. As such parent or legal guardian, I hereby authorise and appoint ..... , as the adult in whose care the minor child will be entrusted. I trust this adult to act for me with respect to my minor child ..... , concerning their personal care, medical treatment or procedure, including X-ray examination, anaesthetic, medial or surgical diagnosis or treatment which may be rendered to my minor child under the general or special supervision and on the advice of any physician or surgeon licensed to practice in the state in which treatment is sought. .... will have the same access to my minor child's medical records that I have, including the right to enclose the contents to others.

Parent/Guardian Name: ..... (please print)

Signature: ..... Date: / / 12

Address: .....

..... Postcode: .....

### Kit to be brought by each team

- All equipment and materials to build your own shelter on arrival in the Shelter Build.
- **Sleeping gear:**
  - Sleeping Bag (2-3 seasons).
  - Sleeping bag liner (recommended).
  - Sleeping mat.
- **Clothing:**
  - Good quality waterproof jacket and trousers (made of breathable material).
  - Warm tops or fleeces.
  - Warm jacket for camp.
  - Comfortable footwear.
  - Your own pair of strong work/gardening gloves for use during the Shelter Build.
- **Personal Items:**
  - Personal Medication (such as inhalers, tablets, etc.....).
  - Wash kit.
  - Torch and spare batteries.
  - Warm fleece, hat and gloves.
  - Sun screen- minimum factor 30 (preferably water and sweat proof).
  - Lip salve with sun block.
  - Sun glasses.
  - Extra personal snacks.
  - Personal First Aid Kit (see below).
  - Mobile phone fully charged in dry bag.
- **Personal First Aid Kit Suggestions:**
  - Insect repellent.
  - Ibuprofen or other anti-inflammatory (not for asthmatics).
  - Antihistamine tablets and cream.
  - Antiseptic wipes.
  - Plasters.
  - Gauze pads.
  - Crepe bandage.
  - Zinc oxide tape (or Leucotape which is much better).
  - Moleskin and/or "Compeed" for blister treatment.
  - Dehydration mix such as Dioralyte.
  - Small tub of Vaseline.
  - Scissors.
  - Safety pins.
  - Alcohol hand gel.
  - Any personal medication, such as inhalers etc. For all tablets follow advice given on packet and keep instructions with the tablets.



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